











2024

**Community Needs Assessment** 



# **Table of Contents**

Introduction	2
About REAL Services	2
Direct Service Area Statistics	1
What is Poverty?	2
How is Poverty Measured?	2
Understanding the Causes and Conditions of Poverty	3
Methodology	5
Client and Community Partners Surveys	5
Secondary Data	5
Service Area Demographics & Poverty Statistics	6
Total Population Demographics	6
Population in Poverty	7
Community Satisfaction and Needs	8
Client Survey Participants	8
Community Partners Survey Participants	9
Community Satisfaction	10
Top Community Needs	11
Quality and Affordable Housing	11
Food Assistance	13
Good Jobs with Adequate Wages, Benefits, and Opportunities	14
Transportation Support	17
Affordable and Accessible Child Care	20
Additional Community Needs	23
Civic Engagement	24
Methods of Dissemination	26
Final Thoughts	26
Appendix 1: Client Survey Questions	27
Appendix 2: Community Partners Survey	38
Appendix 3: References	43



## Introduction

Community Action Agencies nationwide are required to conduct a community needs assessment every three years. This needs assessment is intended to guide REAL Services, Inc. (REAL Services) in developing its strategic plan to improve the economic security and well-being of low-income Hoosiers in its service area. It relies on relevant and current research literature, data from client and community partner surveys, as well as data from national sources such as the U.S. Census Bureau and Bureau of Labor Statistics.

## **About REAL Services**

Since 1966, REAL Services has been helping people and changing lives in northern Indiana. REAL Services is an independent, non-profit organization that champions the independence, dignity and strength of its community. Its mission is to empower low-income people, seniors, and those living with dementia and their caregivers to maintain their independence to the maximum degree possible and find meaning and satisfaction throughout their lives.

REAL Services is both an Area Agency on Aging and a Community Action Agency. As an Area Agency on Aging, REAL Services is charged with identifying and addressing the needs of older adults, adults with disabilities and caregivers, providing services to support their continued independence, dignity and increase strength throughout their lives. As a Community Action Agency, REAL Services helps people experiencing poverty to understand their own fiscal reality and to manage it in the face of life's uncertainties. Additionally, Alzheimer's and Dementia Services of Northern Indiana is an operating division of REAL Services dedicated to family support, education, advocacy, and raising community awareness of Alzheimer's Disease and related dementia.

# Service Area & Programs

REAL Services Community Action Agency serves Hoosiers in Elkhart, Fulton, Kosciusko, Marshall, and St. Joseph counties. The Area Agency on Aging includes Elkhart, Kosciusko, LaPorte, Marshall and St. Joseph counties. Alzheimer's and Dementia Services of Northern Indiana serves all of Northern Indiana.

## Programs offered include:

- Aging and Disabilities Resource Center (ADRC)
- Alzheimer's and Dementia Services of Northern Indiana
- Care management and service coordination
- Caregiver support
- Congregate senior nutrition sites
- Energy Assistance Program
- Family Development Program
- Financial literacy for youth and adults
- Foster Grandparents Program
- Guardianship services

- Home delivery meals
- Individual Development Accounts (IDAs) matching savings program
- Positive Action Towards Health (PATH) for Seniors
- Produce for Better Health
- Senior transportation
- TEAM Heat
- Vaccine education and outreach
- Weatherization



## **Direct Service Area Statistics**

In its dual role as an Area Agency on Aging and Community Action Agency, REAL Services reaches more than 30,000 people annually with programs and services to meet their needs. REAL Services could not accomplish this work without the dedication of over 875 volunteers who provide more than 13,000 hours of service each year.

## Area Agency on Aging

- 63 vulnerable adults protected through adult guardianship services
- 28,298 calls received by the Aging and Disability Resource Center (ADRC)
- 8,230 unique individuals were provided resources
- 31,020 referrals for services were made by ADRC staff
- 4,995 medically frail people were able to remain at home through care management and in-home services they received
- 851 seniors received home delivered meals
- 348,164 meals provided to seniors in their home or at congregate meal site
- 1,850 seniors received flu or COVID-19 vaccines
- More than 150 seniors received health education or participated in workshops
- 179 seniors had their transportation needs met

## Community Action Agency

- 74 low-income households received weatherization services
- 518 individuals received rental assistance
- 48 people experiencing homelessness were assisted with security deposits
- 20 clients enrolled and began working toward an asset purchase
- 65 youth attended financial literacy classes
- 106 clients received assistance to keep up their utilities
- 27 foster grandparents provided mentoring and support to children in a classroom
- 116 children showed marked improvement with the support of a foster grandparent
- 436 households representing 889 people participated in family development programs
- 11,871 households received energy assistance
- 26,161 individuals received energy education

## Alzheimer's and Dementia Services of Northern Indiana

- 1,306 people attended support groups
- 108 people living with dementia received individualized support services
- 160 caregivers or persons living with dementia participated in Health Rhythms drumming
- 181 caregivers participated in respite and recreational programs
- 919 presentations were made to educate the community about dementia-related disorders
- 1,763 calls were received to the ALZNI Help Line
- 157 CARES identification bracelets were assigned in the community
- 284 professionals attended professional development training and/or certifications



# **Overview of the Causes and Conditions of Poverty**

Poverty has existed in every society, and scholars, government leaders, and social service providers offer a wide variety of thoughts about how best to tackle this multi-faceted epidemic. By better understanding poverty, how it is measured, and the causes and conditions of it, Community Action Agencies and their partners will be better equipped to develop interventions that are responsive to community conditions. We strive to make our communities places in which all Hoosiers can meet their basic needs and achieve financial well-being, enabling each person to reach their full potential and better contribute to their families, communities, and the world.

# What is Poverty?

Both domestically and globally, scholars, nonprofits, politicians, and countless others have made different, and sometimes opposing efforts to end poverty. In 1964, President Lyndon Johnson declared war on poverty in his State of the Union address, proclaiming, "Our aim is not only to relieve the symptom of poverty, but to cure it and, above all, to prevent it." He launched a movement that resulted in the development of Community Action Agencies, which still carry forward the mission of ending poverty and promoting community development today. Community Action Agencies fight poverty by providing direct services for education, employment and family-centered support to low-income families. Sargent Shriver, who led the development of solutions, described the War on Poverty as "a means of making life available for any and all pursuers. The War on Poverty tries only to create the conditions by which the good life can be lived."

"Poverty is hunger. Poverty is lack of shelter. Poverty is being sick and not being able to see a doctor. Poverty is not having access to school and not knowing how to read. Poverty is not having a job, is fear for the future, living one day at a time. Poverty has many faces, changing from place to place and across time, and has been described in many ways. Most often, poverty is a situation people want to escape."

-The World Bank

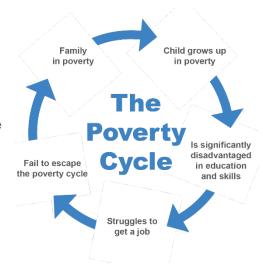
# **How is Poverty Measured?**

In the United States, poverty is measured by comparing a person's or family's income to a poverty threshold. This threshold is set at three times the cost of a minimum food diet in 1963, adjusted for inflation, and is responsive to family size. The U.S. Census Bureau is the government agency in charge of measuring poverty. As *Overlooked and Undercounted: Struggling to Make Ends Meet in Indiana* shows, this method of measuring poverty fails to count many who struggle. When a county- and family-specific basic needs budget is compared to family incomes in Indiana, the scope of income inadequacy in our state comes into sharper focus and includes many more individuals than are captured in traditional poverty measures.



## **Understanding the Causes and Conditions of Poverty**

While poverty is most simply a shortage of income, teasing apart the causes and associated conditions of these income shortfalls can be much more challenging and will vary based on local, state, and national policy choices as well as variations in communities, institutions, and individuals. Understanding the causes and conditions can assist in the development of effective solutions. Theories about the causes of poverty fall into three broad categories: political, structural, and behavioral. These focus attention on different sets of actors and interventions to address poverty. Community Action Agencies tend to work across all categories. Whether explicit or implicit, an individual's or organization's theories about the causes of poverty can shape decision-making about approaches.



Because employment is so central to a household's ability to make ends meet in the United States, job loss, a decline in earnings, a lack of education, a disability, and the presence of children and/or caregiving responsibilities can cause poverty. Lack of access to foundational resources such as transportation, child care, health care, and decent, affordable housing, as well as interaction with the justice system, can also cause poverty. This can trap children and families in a cycle that is difficult to escape.

Intersectional identities such as race, gender, ability, and age, each interact with the likelihood of experiencing poverty, and the experience of poverty that one has. Historic and ongoing discrimination at all levels of society - from policies that prevented Black families from accruing wealth through homeownership to discrimination in employment<sup>vi</sup> to differing expectations about who should provide care to young children<sup>vii</sup> - contribute to these disparities. In turn, poverty can lead to low education levels, lack of or under-employment, poor housing conditions, food insecurity, mental and physical health challenges, and an inability to access additional resources to live a happy and healthy life that show up disproportionately for certain groups.

The COVID-19 pandemic exacerbated issues intersecting with poverty such as housing, education, food, reliable income, and perhaps most importantly our most precious asset, our children. It increased housing and food insecurity, reduced familial income, impacted children's school performance, access, and mental health, and increased abuse and child maltreatment. School closures contributed to many of these factors as students were unable to access meals provided at school, social support systems, and a safe environment away from abusers. Brown University projected, based on learning patterns of five million students, that school-aged children in the United States learned less than 50% of math skills and less than 70% of language art skills than they would have acquired with in-person learning the previous spring. The Organization for Economic Cooperation and Development has estimated that school closures will result in approximately a 3% lower income for children affected by the closures over their entire lifetime, but it will be even more deeply felt by vulnerable children who will have larger learning losses, and therefore deeper losses in lifetime earnings. Remaining mindful of the new landscape and challenges COVID-19 created will be necessary in efforts to address poverty.



Finally, poverty leads to associated conditions that can compound the challenges of providing support to help individuals reach and maintain self-sufficiency. These include hunger, limited access to education and other services, discrimination, exclusion, and lack of opportunities for civic participation. Physiological effects such as toxic stress and poor physical health can create additional barriers. Evidence suggests that these can be particularly damaging for young children, as they impact brain development and cognitive function. Addressing these conditions – as well as the root causes of poverty – are critical to achieving widespread well-being.

## Community Action Agencies can:

- Engage staff in reflection on assumptions about the causes and conditions of poverty
- Ensure that all individuals receive fair and equitable treatment through ongoing internal and external evaluation
- Be responsive to disparities in poverty through programming selection
- Collect data on the causes and conditions of poverty in their service area
- Work directly with those experiencing poverty to understand their needs and identify ways to address their challenges



# **Methodology**

## **Client and Community Partners Surveys**

Between September and December 2023, The Indiana Community Action Poverty Institute created and conducted both a client and community partner survey for REAL Services. The client survey consisted of 76 questions that were reviewed by REAL Services staff and revised according to their needs. A link to the survey was sent to clients of REAL Services in November and December of 2023 by email, and the survey was active for eight weeks. The survey consisted of multiple choice and open-ended questions. A total of 956 clients completed the survey over this time. Most survey participants were from St. Joseph (61.2%), Elkhart (20.7%), or Kosciusko (8.7%) counties.

The community partner survey consisted of 23 multiple choice and open-ended questions. It was sent by email to a list of partners provided by REAL Services in December of 2023 and was completed by 62 participants.

During the data analysis process, incomplete surveys were included in the findings to honor the time spent by all participants in their attempt to complete the survey. Survey responses were filtered by the counties that the agency serves through Community Action. Due to respondents not having to answer all the questions, some tables will not include all participants. The survey team utilized SurveyMonkey analysis software to analyze multiple choice survey questions. Open-ended survey questions were exported to NVIVO for further analysis.

## **Secondary Data**

While a primary focus of the community needs assessment is elevating the voices and expressed needs of low-income Hoosiers, secondary data drawn from the U.S. Census Bureau's American Community Survey and other sources provide valuable supplemental information about the service area throughout the report. The American Community Survey is conducted yearly and sent to a sample of approximately 3.5 million addresses in the 50 states, District of Columbia, and Puerto Rico. It asks about a range of topics, including education, employment, internet access, and transportation and typically achieves a high response rate (84.4% in 2022). Local, state, and national leaders depend on the American Community Survey to understand local issues, develop programs, and distribute funding. These secondary data are intended to help speak to the scope of needs facing local communities and thereby assist in strategic planning.



# **Service Area Demographics & Poverty Statistics**

Demographic data offers a snapshot of who lives in communities at a given time and can provide a basis for understanding the needs of a community. For example, communities with a large proportion of older Hoosiers may require more services related to aging while those whose communities vary greatly on ethnicity and primary language data may require more translation and interpretation services.

# **Total Population Demographics**<sup>1</sup>

	Service Area	Elkhart	Fulton	Kosciusko	Marshall	St. Joseph
POPULATION						
	608,156	203,329	20,129	78,834	45,428	260,436
AGE						
Under 5 years	40,193	14,785	1,170	4,869	2,824	16,545
5 to 17 years	112,094	40,912	3,543	13,836	8,355	45,448
18 to 34 years	133,336	44,494	3,950	16,906	8,950	59,036
35 to 64 years	223,893	73,055	7,524	29,623	17,296	96,395
65 years and over	98,640	30,083	3,942	13,600	8,003	43,012
GENDER						
Male	301,325	100,663	10,114	39,621	22,962	127,965
Female	306,831	102,666	10,015	39,213	22,466	132,471
White alone	484,803	161,868	18,352	70,654	41,930	191,999
Black or African American alone	44,785	9,830	221	559	179	33,996
American Indian and Alaska Native alone	1,875	686	19	250	137	783
Asian alone	10,260	2,230	18	1,221	318	6,473
Native Hawaiian and Other Pacific Islander alone	329	131	0	0	22	176
Some other race alone	25,958	13,887	1,026	2,203	1,183	7,659
Two or more races	40,146	14,697	493	3,947	1,659	19,350
Hispanic or Latino origin (of any race)	72,748	35,301	1,118	6,618	4,935	24,776

Source: U.S. Census Bureau, 2018-2022 American Community Survey 5-Year Estimates

REAL Services March 2024 Community Needs Assessment

<sup>&</sup>lt;sup>1</sup> The population for whom poverty status is determined excludes individuals living in Institutional group quarters (such as prisons or nursing homes), college dormitories, military barracks, living situations without conventional housing (and who are not in shelters), and unrelated individuals under age 15 (such as foster children).



## **Population in Poverty**

Across the counties REAL Services serves, approximately 76,892 Hoosiers experience poverty (12.6%). Poverty was highest in Fulton County (14.8%) and lowest in Kosciusko (8.9%). Hoosiers in poverty in this service area are more likely to be female, age 35-64, and White.<sup>2</sup> At the same time, a higher proportion of children under 5 (19.6%), children age 5-17 (16.8%), Black (30.7%), American Indian / Alaska Native (19.0%), Other Race (18.9%), Two or More Races (22.7%), and Hispanic/Latino (20.0%) Hoosiers in the service area experienced poverty.

## **Poverty Rates by County**

Elkhart	Fulton	Kosciusko	Marshall	St. Joseph
12.0%	14.8%	8.9%	10.8%	14.4%

Source: U.S. Census Bureau, 2018-2022 American Community Survey 5-Year Estimates

## **Service Area Poverty Rates**

Number in Poverty	% in Poverty	State % in Poverty
76,892	12.6%	12.3%
34,414	11.4%	11.1%
42,478	13.8%	13.5%
7,893	19.6%	18.4%
18,860	16.8%	15.3%
17,837	13.4%	15.8%
23,179	10.4%	9.7%
9,123	9.2%	8.1%
47,758	9.9%	10.1%
13,765	30.7%	25.1%
357	19.0%	17.2%
961	9.4%	14.8%
38	11.6%	14.2%
4,896	18.9%	19.9%
9,117	22.7%	17.3%
14,577	20.0%	18.3%
	76,892 34,414 42,478 7,893 18,860 17,837 23,179 9,123 47,758 13,765 357 961 38 4,896 9,117	in Poverty         in Poverty           76,892         12.6%           34,414         11.4%           42,478         13.8%           7,893         19.6%           18,860         16.8%           17,837         13.4%           23,179         10.4%           9,123         9.2%           47,758         9.9%           13,765         30.7%           357         19.0%           961         9.4%           38         11.6%           4,896         18.9%           9,117         22.7%

Source: U.S. Census Bureau, 2018-2022 American Community Survey 5-Year Estimates

REAL Services March 2024 Community Needs Assessment

<sup>&</sup>lt;sup>2</sup> At the county level, particularly when disaggregating by gender, race, or age, sample sizes tend to be smaller and therefore results have a wider margin of error. Use caution in interpreting results.

<sup>&</sup>lt;sup>3</sup> In addition to questions about race/ethnicity, the Census Bureau asks individuals if they identify as Hispanic/Latino or not Hispanic/Latino.



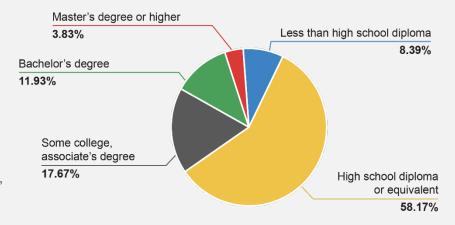
# **Community Satisfaction and Needs**

Local governments, community programs, and advocates are constantly working to understand the needs of their residents. This is particularly important given the disruptions caused by the COVID-19 pandemic. Knowing what needs are most important to residents can ensure that community members are able to live happy, healthy, and productive lives. Our primary method of establishing needs was through direct consultation with low-income Hoosiers in the service area. We used a client survey to identify the top five needs in their community using a preestablished list of 19 common needs. They were then asked to write what their top choice was and why along with a blank entry. The blank entry allowed us to capture needs not represented in the list and to represent Hoosiers' needs in their own words. For each identified need, a selection of the respondents' own words are used to explain the perceived need, while research studies and secondary data provide additional perspective on the need's relationship to poverty.

# **Client Survey Participants**

Among the 956 survey respondents:

- The majority were between 35-49
   (33.6%) or 25-34 (23.8%) years of
   age, while 19.9% were age 50-64,
   19.2% were over 65, and 3.6%
   were under 25.
- 88.3% were female, 11.0% were male, and 0.7% identified as nonbinary or preferred not to say.
- 58.1% of survey participants identified as White, 29.2% as Black, 5.1% as two or more races, 1.4% as Asian, 0.63% as American Indian or Alaskan Native, 5.6% preferred not to share their race or identified as other.



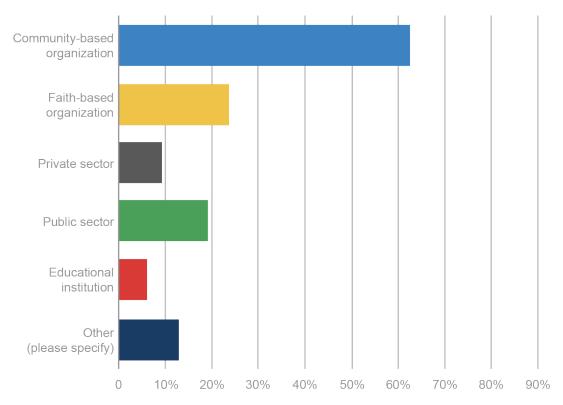
- 8.4% identified as Hispanic or Latino/a.
- 60.3% of survey participants stated that there are children who live in their household at least part-time, and of those, 13.4% stated that the children in their household are their grandchildren.
- 76.9% indicated they were single and 19.0% that were married. 2.1% had a partner, and 2.0% live with roommates.
- Two hundred twenty-nine participants reported that someone in their household cut the size
  of their meal or went hungry at least one to two days each week and 142 said they
  experienced this three or more days each week.
- Two hundred eighty-one survey participants reported that they or a member of their family had a disability, 187 received SSI, SSDI, or VA benefits, 29 have applied for benefits and are waiting to hear back, and 47 applied for benefits and have been denied.



## **Community Partners Survey Participants**

Gathering information from key sectors of the community can provide valuable information in assessing needs and resources. These sectors include community-based organizations, faith-based organizations, private sector, public sector, and educational institutions. We engaged community partners in a survey to understand the effectiveness and scope of assistance being provided to deal with the causes and consequences of poverty in the service area. Sixty-two community partners responded to the survey. Below are the ways in which community partners identified themselves on the survey (note that respondents could select more than one affiliation).

## **Community Partner Survey Participant Sectors**

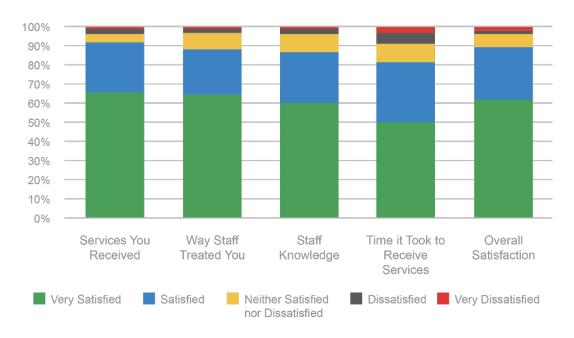




# **Community Satisfaction**

Clients of REAL Services were asked five agency-specific questions to assess customer satisfaction of the agency. This was assessed by having clients rank how satisfied they were with the services, the time it took, staff knowledge and treatment, and overall satisfaction with the agency. In all five areas, over 80% of clients were satisfied.

## **Client Satisfaction**





## **Top Community Needs**

The following top five needs were identified based on client and community partners' responses, and are compared to the needs identified in REAL Services 2021 needs assessment. They are listed in order from greatest to least. The clients' top five identified needs are discussed in depth below.

	Comparison of the Top 5 Needs Identified on Current and Previous Surveys				
	2024 Clients	2024 Community Partners	2021 CNA		
1	Quality and affordable housing	Mental health and/or counseling services	Good jobs with higher wages and benefits		
2	Food assistance	Quality and affordable housing	Assistance with legal services		
3	Good jobs with adequate wages, benefits and opportunities	Addiction treatment services	Help to make homes more energy efficient		
4	Transportation support	Childcare that is affordable and accessible	Programs and activities for youth		
5	Childcare that is affordable and accessible	Second-chance hiring programs for those with criminal records	Tied: Assistance with fines and fees/Second chance hiring programs for those with criminal records		

## Quality and Affordable Housing

## In clients' own words:

"Rental is infested with mold, has two beehives in the roof, is rotting away from moisture, had a gas leak last month, and no working oven for a year." "No one wants to rent to a felon."

"I want to pay for repairs or modify the house for my disability but do not have the funds."

"It's hard to find nice housing that takes Section 8."

"Don't have enough while going to school to afford [housing]."

## In community partners' own words:

"So many homeless families and youth due to a lack of affordable housing in our area and the housing assistance offices aren't run efficiently." "Low barrier supportive housing is needed because there are many who do not have the resources to find housing on their own."

"Affordable housing is becoming limited in our community with waitlists for section 8. It is getting hard to acquire affordable housing."

"If people don't have stable housing, the rest of their structure and livelihood falls apart."



Poor housing quality and lack of stable housing can be both a cause and condition of poverty. Researchers find that low-cost, decent quality housing in areas with job opportunities can make a significant difference in addressing poverty. Xii Conversely, poor-quality housing can lead to poor health outcomes, increasing poverty as individuals struggle to access healthcare. Xiii Weatherization is a strategy for addressing housing quality that also contributes to reduced utility costs, improving a household's financial position. Xiv

The U.S. Census Bureau asks Hoosiers about housing quality and affordability as part of the American Community Survey. The table below shows the estimated number of housing units in the service area and the percent that have one or more of following conditions: 1) lacking complete plumbing facilities, 2) lacking complete kitchen facilities, 3) with 1.01 or more occupants per room, 4) selected monthly owner's costs as a percentage of household income greater than 30 percent, and 5) gross rent as a percentage of household income greater than 30 percent.

## Units with Poor Housing Affordability/Quality Conditions in REAL Services Service Area

Owner-Occupied Units:	167,210
% Owner-Occupied Units with One or More Condition:	16.1%
Renter-Occupied Units:	68,041
% Renter-Occupied Units with One or More Condition:	44.3%

Source: U.S. Census Bureau, 2018-2022 American Community Survey 5-Year Estimates

Fair Market Rents (FMRs) are estimates of the 40<sup>th</sup> percentile gross rents for standard quality units within an area.<sup>xv</sup> Spending more than 30% of income on rent is considered being 'cost-burdened.' In the table below, the 2023 FMRs for the service area and the percent of renters paving 30% or more of household income in rent are provided below.

## Fair Market Rents and Renters Paying 30% or More of Household Income

	Fair Market Rent 2023 One Bedroom	Fair Market Rent 2023 Two Bedroom	Renters Paying 30% or More of Household Income
Elkhart	\$770	\$986	48.1%
Fulton	\$639	\$832	42.8%
Kosciusko	\$763	\$893	41.0%
Marshall	\$673	\$829	36.7%
St. Joseph	\$923	\$1,099	48.9%

Source: U.S. Department of Housing and Urban Development 2023 FMRs, U.S. Census Bureau, 2018-2022 American Community Survey 5-Year Estimates

# Community Action Agencies can:

- Offer HUD housing counseling
- Connect individuals with Individual Development Accounts so they can save to purchase a home
- Provide weatherization and other housing quality improvement services
- Continue to invest in or collaborate to create affordable housing options
- Connect Hoosiers in need with Housing Choice Vouchers and other housing stabilization or homeownership programs



## Food Assistance

## In clients' own words:

"I always run out of food before the month is out."

"The cost of food, some seniors eat less and don't get the nutrition needed."

"Some people's disabilities don't allow them to go to pantries and delivery options would better serve them."

"We rely on food banks and the food doesn't last."

## In community partners' own words:

"Many seniors are on tight fixed incomes, young people out of school heavily in debt with college loans and roaming the area with no proper nutrition or food."

"There is a huge homeless population who seems to need food."

"Food assistance as a basic need."

One of the most common conditions in the lives of those experiencing poverty is suffering from food insecurity and undernourishment. Food insecurity occurs when people do not have adequate access to sufficient and nutritious food, which can lead to malnutrition. \*VI The cycle of malnutrition, food insecurity, and poverty fuel each other. Economic stability is affected when individuals' undernourishment harms their physical and mental development, intellectual capacity, productivity, and economic potential. The intergenerational cycle of poverty and malnutrition is evident as malnourished women are at a higher risk of giving birth to malnourished children or having their children grow up to be malnourished. When poverty is experienced in early childhood, the likelihood of malnutrition increases and can cause impaired cognitive development and mental illness as an adult. Therefore, interventions are important to support the nutrition needs of children.\*

Interventions targeting nutrition can be specific to an individual's needs, but community engagement and delivery strategies can be equally beneficial if they reach those in the greatest need and incorporate disease and infection prevention. \*viii Ensuring that individuals in poverty sign up for programs like the Supplemental Nutrition Assistance Program (SNAP) can also promote access. Communities that lack access to nutritious food and those who serve them will find great success at combating poverty when food access is addressed.

## **SNAP Participation Rates**

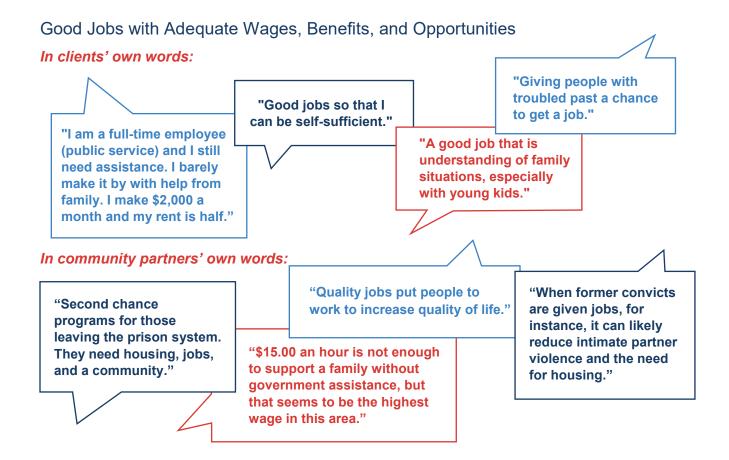
County	% of Households below poverty not receiving SNAP
Elkhart	8.8%
Fulton	9.4%
Kosciusko	6.6%
Marshall	8.6%
St. Joseph	9.4%

Source: U.S. Census Bureau, 2022 American Community Survey 5-Year Estimates



## Community Action Agencies can:

- Continue referrals to and/or offer direct food assistance, such as through pantries or boxes
- Connect clients with programs like SNAP and WIC
- Educate and support families on how to stretch their food budget



Addressing unemployment, underemployment, and low-wage work through pathways to high-wage jobs is a key mechanism to address poverty. Paid employment is the primary mechanism through which individuals in the U.S. receive income. Unfortunately, pre-COVID-19, 44% of the workforce worked in low-wage jobs, earning at or below 200% of the federal poverty threshold. While some workers in low-wage or unstable jobs adopt a second job or "side hustle" to help make ends meet, these added hours can be unsustainable, especially for families with caregiving responsibilities.



## Most Common Occupations in South Bend-Mishawaka Metropolitan Area

Occupation	Estimated Number Employed	Median Hourly Wage
Fast food and counter workers	4,170	\$12.42
Retail salespersons	4,010	\$13.80
Registered nurses	3,340	\$32.32
Cashiers	2,840	\$13.15
Office Clerks, General	2,660	\$18.28

Source: U.S. Bureau of Labor Statistics May 2022

## Most Common Occupations in Northern Indiana Nonmetropolitan area

Occupation	Estimated Number Employed	Median Hourly Wage
Miscellaneous Assemblers and Fabricators	9,930	\$18.80
Laborers and Freight, Stock, and Material Movers, Hand	6,920	\$16.95
Fast Food and Counter Workers	5,390	\$10.94
Office Clerks, General	4,980	\$17.22
Cashiers	4,970	\$11.28

Source: U.S. Bureau of Labor Statistics May 2022

## Most Common Occupations in Elkhart-Goshen, IN

Occupation	Estimated Number Employed	Median Hourly Wage
Miscellaneous Assemblers and Fabricators	21,420	\$22.13
Laborers and Freight, Stock, and Material Movers, Hand	4,980	\$18.11
Cabinetmakers and Bench Carpenters	3,550	\$19.39
First-Line Supervisors of Production and Operating Workers	2,900	\$30.38
Welders, Cutters, Solderers, and Brazers	2,780	\$23.23

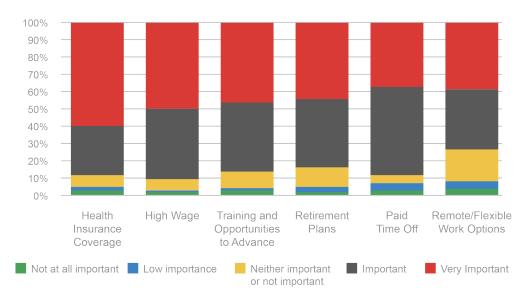
Source: U.S. Bureau of Labor Statistics May 2022

Job search supports and other supportive services such as stabilizing housing and providing childcare and transportation are essential to creating pathways to good jobs. Preserving attachment to the workforce also requires addressing mental and physical health, as concentration and productivity can be affected by health concerns, and the social stigma of mental illness may further worsen employment prospects or outcomes. XXII Survey respondents listed childcare issues, inability to find jobs with adequate wages, flexibility needed to attend appointments, and criminal history as among the reasons they were not working or were only working part time.



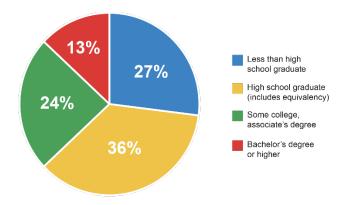
Helping workers think beyond wages to the benefits they will need to maintain employment and financial stability may also prove productive. For example, new parents can experience large income gaps around the birth of a childxxii while lack of health insurance coverage or underinsurance can lead to medical debt.xxiii Attending to benefits like health insurance, paid leave, and savings options can insulate families from falling back into poverty in the future. Survey participants were asked to rank what makes a good job good, the weighted average of responses showed that health insurance coverage, high wages, training and opportunities to advance were the top choices.

## What Makes a 'Good' Job Good?



Lacking the skills necessary for certain types of employment may also be a barrier, as 83% of businesses in Indiana report that they are struggling to fill open positions, with 48% reporting that applicants lack the skills and qualifications they need. XXIV Among individuals in poverty in the service area, the U.S. Census Bureau estimates that nearly two-thirds have a high school degree or less. The figure below represents the estimated breakdown of educational attainment among individuals in poverty in the service area.

## **Educational Attainment of Hoosiers in Poverty in the Service Area**





## Community Action Agencies can:

- Connect individuals with job search and application services through partnership with WorkOne
- Use the Self-Sufficiency Standard calculator or other tools to help individuals understand what wages will be needed to meet self-sufficiency
- Help individuals plan for benefit cliffs as they move into higher-wage jobs or receive promotions
- Continue to serve as a model employer in the community by offering high wages, attractive benefits packages, and flexibility
- Offer expanded services that support the employment of working-age adults, such as childcare and access to transportation
- Offer job training and soft-skills training
- Continue programs like the IDA program that offers resources for those seeking to improve their qualifications through degree achievement or training
- Address gaps that create challenges to steady employment (child care, transportation, etc.)

## **Transportation Support**

## In clients' own words:

"Buses stop at 6:00 pm. No Sunday service."

"Lack of cabs, Uber, Lyft services in Syracuse."

"Need transportation when I cannot drive myself to medical appointments or procedures."

"If you have child care, if your car is down how would you get to the job or daycare? It's very hard finding places that have funds for car repairs."

"Transportation is vital for me. I have many different doctor's appointments to go to weekly. With gas prices it makes it very difficult to make those appointments with little to no money coming in. These appointments are necessary for my health."

"Most of the higher paying jobs are in Elkhart and beyond. Not everyone has dependable transportation to get all the way out there."

## In community partners' own words:

"Transportation is a major barrier to getting help with other needs or maintaining a job."

"Public transportation, it's in need of a restructuring to be effective and usable."

"Many individuals requiring kidney dialysis and cancer treatments have no transportation."

"Auto repairs."



Transportation is a complex issue, and the barriers to transportation vary both by individual and by location. Currently there are few resources for individuals struggling with transportation in Indiana. These disparities are even greater in rural areas where 20-25 counties do not have any form of transit. XXV COVID-19 induced unemployment and financial insecurity, in turn contributing to households losing access to cars, forcing them to depend on unreliable and infrequent transit services. XXVI

## **Access to Vehicles by Housing Units**

	No Vehicle	One Vehicle	Two or More Vehicles
Elkhart	6,001	22,425	43,325
Fulton	464	1,999	5,331
Kosciusko	1,575	9,308	20,442
Marshall	1,036	4,606	11,273
St. Joseph	7,336	39,469	60,661

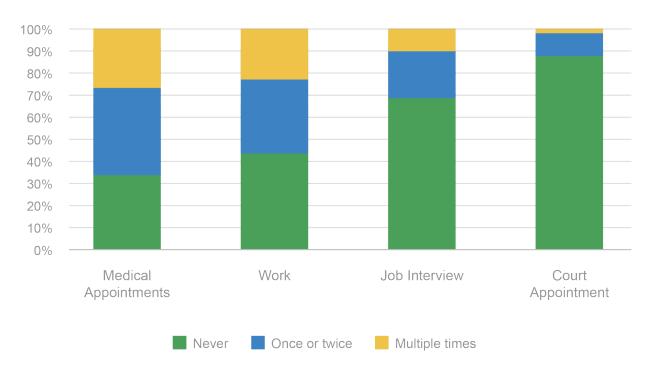
Source: U.S. Census Bureau, 2022 American Community Survey 5-Year Estimates

Access to a car plays a crucial role in enabling greater participation in society, accessibility to amenities, and social interactions compared to public transportation. Car-less households face tangible disadvantages, and episodes of car-lessness are common among low-income households. Losing access to a car typically results in decreased activity participation, and lower quality of life, while regaining a car plays the opposite role. XXVIII Individuals with access to a car experience better employment and economic outcomes, eat a wider variety of foods, XXIX shop for food more frequently, and consume more produce. XXXX Limited transportation access has been associated with lack of regular medical care, uncompleted referrals or follow-up appointments, appointment cancellations, and missed appointments.

Survey participants were asked what they find most difficult about getting where they need to go: 48% of respondents said the cost of gas, insurance, and monthly payments while 21% percent chose paying for repairs. Additionally, some participants commented that they needed reliable public transportation. Survey participants were also asked if they missed one of the following appointments due to transportation issues. The chart below shows the results of missed medical appointments, work, job interviews, and court appointments. Medical appointments and work were the most commonly missed appointments.



## **Missed Appointments Due to Transportation Issues**



## Community Action Agencies can:

- Continue to provide public and private transportation supports to clients and improve accessibility
- Provide license reinstatement support
- Conduct car maintenance workshops to teach basic car repairs (oil change, change headlights, check fluids, etc.)
- Partner with local mechanics to provide reliable client referrals
- Partner with car donation programs
- Partner with local insurance companies that provide affordable rates for individuals that may have had a lapse in coverage
- Provide mobile outreach for individuals without transportation
- Offer gas cards



## Affordable and Accessible Childcare

#### In clients' own words:

"The amount a month per child is pretty much rent or even double that." "CHILDCARE. People cannot work jobs without affordable, reliable and SAFE childcare for their children. There should be WAY more money poured into funding childcare."

"I've worked childcare administration and have seen the needs and lack of safe options."

"I've had to borrow money some weeks to cover daycare, so I can ensure my utilities and mortgage are paid."

## In community partners' own words

"The rates have gone up and high quality seats are scarce."

"Free tutoring, access to high quality early education and childcare." "I think there needs to be a bigger focus on childhood education and safety nets."

Access to quality and affordable childcare plays a critical role in the state of our economy, and the path to improving it. Currently, the average family with at least one child under age five would need to devote about 13% of family income to pay for childcare, a number that is unaffordable for most families. This high price often fails to account for the actual costs that childcare providers incur, and rarely, if ever, covers the "true" cost of care—that is, the cost to provide high-quality, developmentally appropriate, safe, and reliable childcare staffed by a professionally compensated workforce. XXXIII Many childcare workers are paid so little that they rely on public services for their own economic needs. XXXIIII



## **Childcare Costs**

Average Yearly Cost of Childcare  Across types of care	Infants & Toddlers (6 weeks - 35 months)	Preschool (3 - 5 years)	School Aged (Kindergarten)
(home, ministry etc.)			
Elkhart			
Home	\$8,962	\$7,761	\$7,727
Ministry	\$10,888	\$8,509	\$6,307
Center	\$12,341	\$9,985	\$8,797
Fulton			
Home	\$5,252	\$5,148	\$4,784
Ministry	\$7,505	\$6,305	\$2,730
Center		No Data	
Kosciusko			
Home	\$7,624	\$7,356	\$5,850
Ministry	\$9,408	\$8,112	\$6,890
Center	\$12,856	\$10,719	\$8,199
Marshall			
Home	\$10,066	\$9,129	\$6,084
Ministry	\$7,631	\$7,150	\$3,423
Center	\$13,013	\$10,660	\$7,332
St. Joseph			
Home	\$8,496	\$7,869	\$7,356
Ministry	\$12,160	\$9,584	\$7,954
Center	\$13,892	\$10,683	\$9,332

Source: Brighter Futures Indiana 2024

COVID-19 shed light on the disparities that exist in childcare and currently, the childcare system is in an even deeper state of turmoil since the Childcare Relief Funds from The American Rescue Plan ended on September 30, 2023. As a result, in Indiana: 48,701 children are expected to lose care and 1,014 childcare programs are expected to close. Temporary childcare crises can have long-lasting impacts for parents, as their decisions about whether to remain in the labor force, reduce hours, or set sights on a promotion when their children are young can have long-run effects on their career paths and earnings trajectories. Furthermore, children who attend high-quality early childhood education programs, relative to similar children who cannot attend these programs, perform better on grade school tests, have better physical health, and have higher individual and household earnings. Taxiv Taxiii Community-based agencies can and should rally support for this essential infrastructure.



## **Childcare Capacity and Seats Short**

Care Supply	Licensed Capacity	Demand for Care Est. for all Children *	Seats Short
Elkhart	3,784	16,553	12,769
Fulton	384	1,962	1,578
Kosciusko	1,348	4,964	3,616
Marshall	869	3,176	2,307
St. Joseph	7,544	22,180	14,636

Source: Brighter Futures Indiana 2024

## **Community Action Agencies can:**

- Offer Head Start, childcare, and afterschool programming to support child development and provide parents / guardians time to seek training and jobs
- Connect families to Child Care and Development Fund (CCDF) vouchers or other sources of support
- Offer cash assistance to help parents with meeting this basic need
- Compensate childcare workers for professional development time, and offer incentives for completion
- Hire an on-call substitute that can fill-in when workers need time off



## **Additional Community Needs**

In response to the open-ended question, participants also expressed a variety of other needs. Listed below are statements from clients about community needs 6-10:

### Mental Health and/or Counseling

"Mental health/counseling services, because it's hard to find affordable help." "Mental health assistance, because no one can move forward in life when mental illness is holding them back." "Our community is overwhelmed with it." "People be going [sic] through a lot of stuff that they need help to heal from."

## **Legal Services**

"Landlords try to do illegal rental practices." "Legal services, because it is costly and confusing." "There are not actually any legal services to help women leaving abusive relationships." "Legal services are important for seniors."

## Top Legal Needs:

- 1. Family matters, such as divorce, custody, child support or wills (113 respondents)
- 2. Problems with landlords or mortgage companies (90 respondents)
- 3. Government services (e.g. Medicaid, SNAP, TANF) (80 respondents)
- 4. Debt and or wage garnishment (54 respondents)
- 5. Problems with employment (53 respondents)

## **Debt Relief**

"Debt relief impacts our family most." "Student loan forgiveness for people on disability."

## **Youth Programs**

"Youth investment, as that would encompass both education and programs that enrich them. The young people need to have some serious support, which many are lacking or falling short of having." "We have to save the youth, before it's too late." "Programs for youth geared towards African Americans."

## **Services for those with Physical or Mental Disabilities**

"You don't see many agencies helping with assistance for people that have a disability." "As a disabled elderly widowed woman I can't do a lot of things myself like trimming trees and cleaning gutters." "Some people disabilities don't allow them to go to pantries and delivery options would better serve them."



# **Civic Engagement**

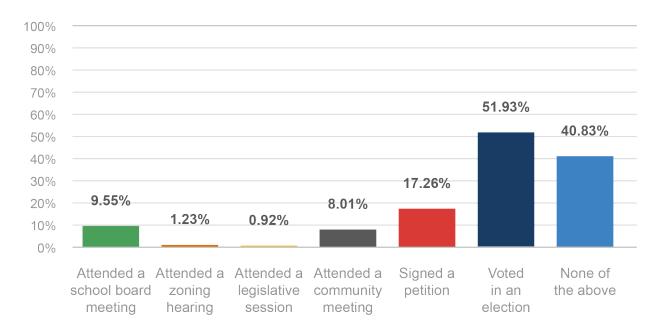
Community Action has a long history of dedication to civic engagement. As has been noted by the Community Action Partnership, XXXVI

"A primary goal of the original Community Action Program was to empower all residents of a community to create opportunity-rich environments where they could thrive — "to help people help themselves and each other." The architects of the program recognized that effectively fighting poverty required not just coordinating services, but also the "maximum feasible participation" of groups receiving those services. They understood that poverty and political exclusion are intertwined, partially by design. Throughout our history, and even today, the persistent and violent disenfranchisement of the customers and communities we serve has exacerbated that exclusion.

The first programs also understood that restoring inclusivity required programs to instill a sense of political empowerment in their customers. Meaningful access to the polls gives people experiencing low incomes the chance to help shape their own futures. In the words of Robert Kennedy, "maximum feasible participation means giving the poor a real voice in their institutions."

For the first time, the 2024 Community Needs Assessment survey asked questions about civic participation. Just over 50% of respondents voted in an election in the past 2 years, and over 40% have not participated in any of the listed forms of civic engagement.

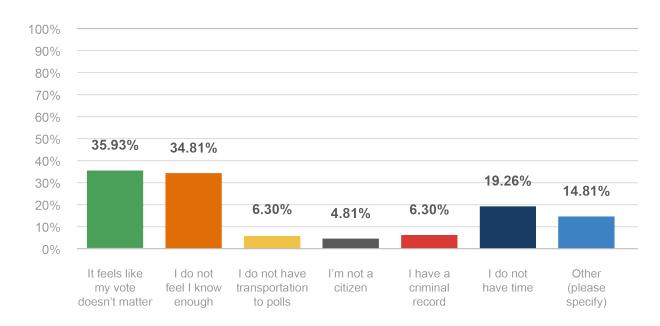
## Types of Civic Engagement over the Past 2 Years





Among non-voters, the most common reason for not voting included feeling like their vote doesn't matter, and not knowing enough about the candidates.

## **Reasons for Not Voting**



## **Community Action Agencies can:**

- Provide opportunities for clients and community members to meet and learn about elected officials and opportunities for engagement
- Ensure community members know their rights related to absentee ballots and taking time off work to vote on election days
- Increase youth access to civic engagement
- Assist with voter registration
- Offer leadership development or civic engagement programming to empower residents



## **Methods of Dissemination**

The needs assessment serves as a guide for REAL Services to secure new funding sources, recognize the impact of the services they provide, and understand how they can improve their agency. Methods for dissemination of this information include reaching out to elected officials, community decision makers and funders to make them aware of the needs identified. Additional, the materials can be used in community information sessions to gain further insight or feedback about how to best meet the needs identified. The needs assessment is also reviewed by the Board of Directors to help set strategic direction.

# **Final Thoughts**

REAL Services is already actively working to address the top needs through its programs and referrals to its robust network of community partners. Continuing to address the top identified needs will require resources and interventions at the family, agency, and community levels.

## **Family**

- •Resources to better meet basic needs such as housing, childcare, transportation, and access to nutrition
- Connection to existing resources within the community
- · Education to increase financial literacy, job readiness, health literacy

## Agency

- Funding to expand programming
- Partnerships to meet community needs for housing, employment, transportation, and nutrition/food security
- Professional development and networking opportunities to build staff capacity

## Community

- Greater supply of affordable housing
- Employers offering family-sustaining wages/benefits and education/skills pathways to good jobs
- Programs and services to provide greater access to nutrition, transportation, child care, and employment services
- Coalitions to advocate for policy change related to foundational needs, and social programs

Community Action Agencies are leaders in the complex and ever-changing work of addressing the causes and conditions of poverty in Indiana. Through deep understanding of the contexts in which Hoosiers are born, grow up, work, and raise families, they innovate, adapt, and serve. When Hoosiers are financially stable, they can reach their full potential and better serve their families and communities. All Hoosiers owe a debt to these agencies as they continue to fight on the front lines of the War on Poverty.



# **Appendix 1: Client Survey Questions**

#### **Question 1:**

What county do you live in?

[Zip Code]

#### **Question 2:**

Your age group:

[18-24] [25-34] [35-49] [50-64] [65-69] [70+]

#### **Question 3:**

Your gender:

[Male] [Female] [Non-Binary] [Prefer not to say]

#### **Question 4:**

Your race:

[White/Caucasian]

[Black/African American]

[American Indian or Alaskan Native]

[Asian]

[Native Hawaiian or Other Pacific Islander]

[Two or More Races]

[Prefer not to say]

[Other]

#### **Question 5:**

Do you identify as:

[Hispanic, Latino, or Spanish Origin]

[Not Hispanic, Latino, or Spanish Origin]

[Prefer Not to Say]

### **Question 6:**

What Community Action Agency have you used or requested services from most recently?

#### Question 7:

How did you learn about this Community Action Agency?

### **Question 8:**

What services have you used? Check all that apply.

[Business Loan/Assistance]

[Case Management]

[Covering Kids and Families]

[Energy/Utility Assistance Program]

[Head Start or Early Head Start]

[Health & Wellness Program]

[Housing Assistance Program]

[Meals and Nutrition Program]

[Senior Programs]

[Support Groups]

[Supportive Services for Veteran Families]

[Transportation Services]

[Weatherization]

[WIC]

[Youth Programs]

[Other (please specify)]



#### **Question 9:**

How satisfied are you with the services you received:

[Very Satisfied] [Neither Satisfied nor Dissatisfied] [Dissatisfied] [Very Dissatisfied]

Way staff treated you

[Very Satisfied] [Neither Satisfied nor Dissatisfied] [Dissatisfied] [Very Dissatisfied]

Staff knowledge

[Very Satisfied] [Neither Satisfied nor Dissatisfied] [Dissatisfied] [Very Dissatisfied]

Time it took to receive services

[Very Satisfied] [Neither Satisfied nor Dissatisfied] [Dissatisfied] [Very Dissatisfied]

Overall satisfaction

[Very Satisfied] [Neither Satisfied nor Dissatisfied] [Dissatisfied] [Very Dissatisfied]

## **Question 10:**

Is there a service you wish this agency had, but does not?

#### **Question 11:**

Please share anything else you would like us to know about this agency and their services.

#### **Question 12:**

What is your household status?

[Single]

[Married]

[Partner]

[Living with roommate/s]

## **Question 13:**

Are there children who live in your household at least part of the time?

[Yes]

[No]

## **Question 14:**

How many children are in your household?

[1]

[2-3]

[4-5]

[6 or more]

#### **Question 15:**

Are any of the children in your household your grandchildren?

[Yes]

[No]

#### **Question 16:**

What are the age ranges of the children in your household? Check all that apply.

[less than 1 year old]

[1-5 years old]

[6-12 years old]

[13-17 years old]



## Question 17:

Do you use child care services?

[Yes]

[No]

[No, but I need child care]

## **Question 18:**

Why do you not have child care? Check all that apply.

[I cannot afford it]

[There are no opening where I want to enroll my child]

[There is not a child care facility close by]

[My child has a disability that cannot be accommodated]

[Other (please specify)]

## **Question 19:**

Are you satisfied with the child care you receive?

[Very satisfied]

[Satisfied]

[Neither satisfied nor dissatisfied]

[Dissatisfied]

[Very dissatisfied]

## Question 20:

How important is it that your child care has the following:

Lo	na	/Fle	xibl	e h	nours
----	----	------	------	-----	-------

[Not at all important]	[Low importance]	[Neither important nor not important]	[Important]	[Very Important]
Reasonable cost [Not at all important]	[Low importance]	[Neither important nor not important]	[Important]	[Very Important]
Is close to home [Not at all important]	[Low importance]	[Neither important nor not important]	[Important]	[Very Important]
Have certified teachers [Not at all important]	s [Low importance]	[Neither important nor not important]	[Important]	[Very Important]
Have similar ideas about [Not at all important]	out raising children [Low importance]	[Neither important nor not important]	[Important]	[Very Important]



#### **Question 21:**

What are the TOP 5 needs in your community? Choose only 5.

[Legal services (e.g. family law, evictions, expungement, debt collection)]

[Crime awareness / crime reduction]

[Debt relief]

[Good jobs with higher wages & benefits and/or opportunities to advance]

[Education/job skills training]

[Internet & computer access and skills]

[Budgeting classes and/or credit counseling/repair]

[Domestic violence supports]

[Food assistance]

[Mental health and/or counseling services]

[Youth programs]

[Senior citizen programs]

[Addiction treatment services]

[Second-chance hiring programs for those with criminal records]

[Housing assistance (e.g. rental assistance, weatherization)]

[Child care that is affordable and accessible]

[Transportation support (e.g. gas cards, help with repairs, transit services)]

[Programs that teach English, or translate official documents]

[Services for those with physical or mental disabilities]

#### **Question 22:**

Which is your TOP choice and why?

#### Question 23

Is there something that was NOT on the list that you and your community need?

#### Question 24:

How connected do you feel you are with your local community?

[Very Connected]

[Somewhat Connected]

[Neither Connected nor Disconnected]

[Somewhat Disconnected]

[Very Disconnected]

#### **Question 25:**

What would make you feel more connected to your community?

### **Question 26:**

Do you feel safe in your community?

[Yes]

[No]

### **Question 27:**

What is the MONTHLY income of all household members combined?

[\$0-500]

[\$500-1,000]

[\$1,000-2,000]

[\$2,000-3,000]

[\$3,000 or more]



#### **Question 28:**

What are the sources of income for your household? Check all that apply.

[Wages/Salary]

[Small Business]

[Social Security / SSI]

[Pension]

[TANF]

[Unemployment]

[Other (please specify)]

#### Question 29:

As a child, did your family receive government assistance or any other type of public assistance?

[Yes]

[No]

[Don't know]

#### Question 30:

Have you or someone in your household experienced a life-changing event that suddenly changed your financial status? Check all that apply.

[An accident that led to you or a household member being disabled]

[Severe illness]

[Caring for a loved one who is sick or disabled]

[Lost job/lay off]

[A significant expense that made it difficult to meet your basic needs]

[Loss of child care]

[Death of a family member who contributed to your income]

[Extreme medical debt from a serious illness]

[A tragic event (housefire, death of a child, mental illness, ect.)]

[No]

[Other (please specify)]

## **Question 31:**

In the past year, have you received support from any of the following? Check all that apply.

[Temporary Assistance for Needy Families (TANF)]

[SNAP (formerly Food Stamps)]

[Women, Infants, and Children Nutrition Program (WIC)]

[Housing Choice Voucher (Section 8)]

[Emergency Rental Assistance]

[Medicaid / HIP]

[Child Care Vouchers / CCDF / On-My-Way PreK]

[Food Banks]

[Free Health Clinics]

[Township Trustees]

[Other (please specify)]

[None of the above]

## Question 32:

What types of debt does your household currently have? Check all that apply.

[Medical Bills/Debt]

[Credit Card]

[Auto Loans]

[Student Loans]

[Payday Loans]

[Mortgage]

[Property Taxes]

[Income Taxes]

[Utility Debts]

[None]

[Other (please specify)]



#### **Question 33:**

Why did you take out a payday loan? Check all that apply.

[Unexpected expense (car repair, ect.)]

[Household expense (to pay for rent, groceries, ect.)]

[Leisure (to pay for a vacation, Christmas gift, ect.)]

[Other (please specify)]

#### **Question 34:**

What was the APR on the loan?

#### **Question 35:**

How many times have you renewed the loan?

[1-2 times]

[3-4 times]

[5-6 times]

[6 or more times]

[None]

### **Question 36:**

Are you behind on payments or in collections on any of your debts?

[Yes]

[No]

#### Question 37:

Are your wages currently being garnished?

[Yes]

[No]

### **Question 38:**

What is your highest level of education completed:

[Less than a high school diploma]

[High school diploma or equivalent]

[Associate's degree]

[Bachelor's degree]

[Master's degree or higher]

### Question 39:

Is there anything holding you back from additional education or training? Check all that apply.

[I do not want any more education or training]

[Cost of tuition]

[Child care]

[Transportation]

[Other (please specify)]

#### Question 40:

Are you working or looking for work?

[I am currently working]

[I am looking for work]

[No, I am not working or looking for work]



#### **Question 41:**

What makes a 'good' job a good job?

High wages

[Not at all important] [Low importance] [Neither Important nor not Important] [Important] [Very important]

Paid time off

[Not at all important] [Low importance] [Neither Important nor not Important] [Important] [Very important]

Health insurance coverage

[Not at all important] [Low importance] [Neither Important nor not Important] [Important] [Very important]

Retirement plans

[Not at all important] [Low importance] [Neither Important nor not Important] [Important] [Very important]

Remote/flexible work options

[Not at all important] [Low importance] [Neither Important nor not Important] [Important] [Very important]

Training and opportunities to advance

[Not at all important] [Low importance] [Neither Important nor not Important] [Important] [Very important]

### Question 42:

What else is important to you in a job?

#### **Question 43:**

Have you ever declined a raise or promotion because it would mean losing benefits like Medicaid, CCDF, SSD, or SNAP?

[Yes]

[No]

#### Question 44:

In the last 12 months, have you worried if you'd run out of food before you got money to buy more?

[Often]

[Sometimes]

[Never]

#### **Question 45:**

How often do you or someone in your household cut the size of meals or skip meals because there isn't enough money for food?

[1-2 days a week]

[3-4 days a week]

[5 or more days]

[Never]



#### **Question 46:**

Have YOU needed or wished you had legal assistance with any of the following in the past two years? Check all that apply.

[Problems with landlords or mortgage companies]

[Problems with employment]

[Government services (e.g. Medicaid, SNAP, TANF)]

[Debt and or wage garnishment]

[Problems related to injury or illness]

[Being the victim of a crime]

[Being arrested or charged with a crime]

[Family matters, such as divorce, custody, child support or wills]

[Immigration]

[Suspended license]

[Criminal record expungement]

[Eviction record expungement]

[Other (please specify)]

[None of the above]

#### Question 47:

Are you registered to vote?

[Yes]

[No]

[Unsure]

#### **Question 48:**

In the past 2 years have you:

[Attended a school board meeting]

[Attended a zoning hearing]

[Attended a legislative hearing]

[Attended a community meeting on a policy issue]

[Signed a petition]

[Voted in an election]

[None of the above]

#### Question 49:

If you have not or do not vote please share why? Check all that apply.

[It feels like my vote doesn't matter.]

[I do not feel I know enough about the candidates and issues.]

[I do not have transportation to the polls.]

[I'm not a citizen.]

[I have a criminal record.]

[I do not have time.]

[Other (please specify)]

## Question 50:

What motivated you to vote?

#### Question 51:

Please rate your current housing situation:

[Very high quality]

[High quality]

[Neither high nor low quality]

[Low quality]

[Very low quality]



#### Question 52:

Are you facing housing challenges? Check all that apply.

[Lack of affordable rental options]

[Landlords won't make needed repairs]

[I cannot afford needed repairs on a home I own]

[Need emergency shelter for homeless individuals]

[Need help finding housing after an eviction or foreclosure]

[Other (please specify)]

#### Question 53:

Have you been homeless in the last 12 months?

[Yes]

[No]

## Question 54:

Please describe the housing arrangement where you currently live.

[I am currently without housing]

[I live with family or friends (not an owner or listed on the rental contract)]

[I rent my home]

[I own my home]

### Question 55:

Have you lived in the same place for at least 1 year?

[Yes]

[No]

#### **Question 56:**

How much has your rent increased in the last 12 months?

[0 - 1000]

### Question 57:

How have rent increases affected you?

### Question 58:

Have you ever received an eviction or foreclosure notice?

[Yes]

[No]

## Question 59:

Do you experience challenges with transportation?

[Yes]

[Sometimes]

[No]

## Question 60:

What do you find MOST difficult about getting to where you need to go?

[The cost of gas, insurance, or monthly payments]

[Finding someone reliable to fix your vehicle]

[Paying for repairs]

[I have to share a car with someone else]

[I do not have a license or my license is suspended]

[I have a disability that prevents me from driving]

[Other (please specify)]



#### **Question 61:**

In the past 12 months, have you or anyone in your household missed any of the following due to transportation issue?

Work

[Never] [Once or twice] [Multiple times]

Job Interview

[Never] [Once or twice] [Multiple times]

Medical Appointment

[Never] [Once or twice] [Multiple times]

Court Appointment

[Never] [Once or twice] [Multiple times]

#### **Question 62:**

If you missed any of the above because of transportation issues, please share how missing an appointment affected you or your household?

#### **Question 63:**

Do you or someone in your household NOT have health insurance?

[Yes]

[No]

#### **Question 64:**

Why do they not have health insurance?

[Too expensive]

[Don't know how to get it]

[Don't care to have it]

[I don't know]

[Other (please specify)]

### **Question 65:**

Do you or someone in your household have a disability?

[Yes]

[No]

## Question 66:

Do you/they receive any of the following benefits:

[SSI]

[SSDI]

[Veterans Disability Compensation]

[I/We have applied and am/are waiting to hear back from social security or the VA.]

[I/We applied for SSI or SSDI and was/were denied.]

## **Question 67:**

What services would make your/their life better?

#### **Question 68:**

Do you have high speed internet in your home?

[Yes, it always works]

[Yes, but it doesn't always work]

[No, I cannot afford it]

[No, I do not need it]

[Other (please specify)]



#### Question 69:

Do you have a personal computer or laptop at home?

[Yes]

[No]

#### **Question 70:**

If you were asked how to do the following how confident would you be that you could do it:

Search for jobs and su [Not at all confident]		[Somewhat confident]	[Very confident]	[Extremely confident]
Find reliable health an [Not at all confident]		[Somewhat confident]	[Very confident]	[Extremely confident]
Access online banking [Not at all confident]		[Somewhat confident]	[Very confident]	[Extremely confident]
Apply for government [Not at all confident]		[Somewhat confident]	[Very confident]	[Extremely confident]
Use Zoom for work, so [Not at all confident]	•	[Somewhat confident]	[Very confident]	[Extremely confident]
Check, send, or delete [Not at all confident]		[Somewhat confident]	[Very confident]	[Extremely confident]
Create a document in [Not at all confident]	Microsoft word or Googl [Not so confident]	e Docs [Somewhat confident]	[Very confident]	[Extremely confident]

#### **Question 71:**

How would you like to receive help learning digital skills? Please slide to rank the following options from most helpful to least helpful.

[I'd like a place I can call for help]

[I'd like for someone to visit my home and walk me through the task]

[I'd like a course at a place in my community]

[I'd like an instructional video]

[I'd like a support person or help desk at a place in my community]

## Question 72:

If you had one wish for yourself or your community what would it be?

### Question 73:

Is there anything else that you would like to tell us about your community, social services, or the Community Action Agency that you visit?

### **Question 74:**

From time to time, the Indiana Community Action Poverty Institute offers paid and unpaid research studies. Would you be interested in participating in other research studies?

[Yes]

[No]

### **Question 75:**

Would you be interested in Indiana Community Action Poverty Institute newsletters and advocacy opportunities? [Yes]

[No]

#### **Question 76**

If you said 'yes' above, please provide your contact info here:

[NAME:]

[EMAIL]



# **Appendix 2: Community Partners Survey**

#### **Question 1:**

I am a (check all that apply):

[Current or former board member of a community action agency]

[Donor or funder of a community action agency]

[Leader or staff member of a local organization]

[Local business owner]

[Government official]

[Other (please specify)]

#### Question 2:

Your organization's name (if applicable):

#### Question 3:

What is the zip code of your organization's main office?

#### **Question 4:**

How would you classify your organization? [Check all that apply]

[Community-based organization]

[Faith-based organization]

[Private sector]

[Public sector]

[Educational institution]

[Other (please specify)]

#### Question 5:

Which counties do you serve?

STATEWIDE [County Selection]

## **Question 6:**

Which best describes your role within the organization?

[Leadership team (e.g. Executive Director, principal)]

[Staff (e.g. community health worker, teacher)]

[Other (please specify)]

#### Question 7:

What are the top places in the community that you regularly refer individuals to for help?

#### **Question 8:**

On a scale of 1 to 5, with 1 being "not needed" and 5 being "needed very much", how much do you think each of the following are needed in your community? If your community already has this resource, select "our community already has this."

Assistance with legal services (e.g. family law, evictions, expungement, debt collection)

[Our community already has enough of this resource] [1- Not needed] [2] [3 Somewhat needed] [4] [5 - Needed very much] [Not sure]

Crime awareness / crime reduction

[Our community

already has enough of this [1- Not needed] [2] [3 Somewhat needed] [4] [5 - Needed very much] [Not sure]

resource]



Good jobs with higher wages & benefits and/or opportunities to advance [Our community						
already has enough of this resource]	[1- Not needed]	[2]	[3 Somewhat needed]	[4]	[5 - Needed very much]	[Not sure]
Debt relief [Our community already has enough of this resource]	/ [1- Not needed]	[2]	[3 Somewhat needed]	[4]	[5 - Needed very much]	[Not sure]
Learning Englis [Our community	h or receiving transla	tion services	for official document	ts		
already has enough of this resource]	[1- Not needed]	[2]	[3 Somewhat needed]	[4]	[5 - Needed very much]	[Not sure]
	se with physical or m	ental disabili	ties			
[Our community already has enough of this resource]	/ [1- Not needed]	[2]	[3 Somewhat needed]	[4]	[5 - Needed very much]	[Not sure]
Education/job s	-					
[Our community already has enough of this resource]	[1- Not needed]	[2]	[3 Somewhat needed]	[4]	[5 - Needed very much]	[Not sure]
Budgeting class [Our community	ses and/or credit cour	seling/repair				
already has enough of this resource]	[1- Not needed]	[2]	[3 Somewhat needed]	[4]	[5 - Needed very much]	[Not sure]
Nutrition education / healthy eating workshops [Our community						
already has enough of this resource]	[1- Not needed]	[2]	[3 Somewhat needed]	[4]	[5 - Needed very much]	[Not sure]
Mental health and/or counseling services						
[Our community already has enough of this resource]	[1- Not needed]	[2]	[3 Somewhat needed]	[4]	[5 - Needed very much]	[Not sure]
Programs and activities for youth						
[Our community already has enough of this resource]	[1- Not needed]	[2]	[3 Somewhat needed]	[4]	[5 - Needed very much]	[Not sure]



Programs and activities for senion [Our community already has enough of this resource]		[3 Somewhat needed]	[4]	[5 - Needed very much]	[Not sure]	
Transportation support (gas card	l, help with rep	pairs, transit services	etc.)			
[Our community already has enough of this resource]	[2]	[3 Somewhat needed]	[4]	[5 - Needed very much]	[Not sure]	
Housing assistance (e.g. rental a [Our community	ssistance, we	atherization, home re	epairs)			
already has enough of this resource]	[2]	[3 Somewhat needed]	[4]	[5 - Needed very much]	[Not sure]	
Addiction treatment services						
[Our community already has enough of this resource]	[2]	[3 Somewhat needed]	[4]	[5 - Needed very much]	[Not sure]	
Second-chance hiring programs	for those with	criminal records				
[Our community already has enough of this resource]	[2]	[3 Somewhat needed]	[4]	[5 - Needed very much]	[Not sure]	
Internet and computer access sk	ills					
[Our community already has enough of this resource]	[2]	[3 Somewhat needed]	[4]	[5 - Needed very much]	[Not sure]	
Domestic violence support						
[Our community already has enough of this resource]	[2]	[3 Somewhat needed]	[4]	[5 - Needed very much]	[Not sure]	
Food assistance						
[Our community already has enough of this resource]	[2]	[3 Somewhat needed]	[4]	[5 - Needed very much]	[Not sure]	
Childcare that is affordable and accessible						
[Our community already has enough of this resource]	[2]	[3 Somewhat needed]	[4]	[5 - Needed very much]	[Not sure]	
[Other (please specify)]						

## Question 9:

Which of the above is the top need in your community and why?



#### Question 10:

Which of the above is the second most important need in your community and why?

#### **Question 11:**

Are there any additional needs in your community that you'd like to share?

#### **Question 12:**

Which Community Action Agencies/programs have you worked with?

[Area Five] [NCCAA]

[Area IV] [NWICA]

[Brightpoint] [Real Services]

[CAGI] [WICAA]

[CAPWI] [Other (please specify)]
[Community & Family Services] [None of the above]

[JobSource]

### **Question 13:**

Which Community Action Agency/program are you providing feedback on?

[Area Five][JobSource][Area IV][[NCCAA][Brightpoint][NWICA][CAGI][Real Services][CAPWI][WICAA]

[Community & Family Services] [Insert text from Other]

#### Question 14:

What impact has community action had on your community?

#### **Question 15:**

Can you give a specific example to illustrate why you provided that answer?

#### **Question 16:**

What else could community action be doing to end poverty in your community?

#### **Question 17:**

How would you describe your level of engagement with this agency?

### **Question 18:**

Rate the following for the agency you work with:

The way the staff treats clients.

[Very Dissatisfied] [Dissatisfied] [Neither Satisfied nor Dissatisfied] [Satisfied] [Very Satisfied] [N/A]

The reliability and timeliness of the staff in following through

[Very Dissatisfied] [Dissatisfied] [Neither Satisfied nor Dissatisfied] [Satisfied] [Very Satisfied] [N/A]

The knowledgeability of program staff

[Very Dissatisfied] [Dissatisfied] [Neither Satisfied nor Dissatisfied] [Satisfied] [Very Satisfied] [N/A]

Overall satisfaction with the agency

[Very Dissatisfied] [Dissatisfied] [Neither Satisfied nor Dissatisfied] [Satisfied] [Very Satisfied] [N/A]

#### **Question 19:**

What other feedback would you like to give about this agency's programs/services?



#### Question 20:

What else would you like us to know about this agency specifically?

## Question 21:

Would you like to be added the Institute's email list to keep up to date on research and advocacy related to poverty and financial well-being in Indiana?

[Yes] [No]

#### **Question 22:**

If yes, please provide your contact information.

[Name:] [Email:]

### **Question 23:**

Which policy area(s) is/are most important to you?

[The quality of jobs (e.g. wages, paid leave, scheduling practices)]

[Safety net programs (eligibility, benefit levels, cliff effects)]

[Consumer protections (interest rate caps, cost of credit, debt collection, bankruptcy laws)]

[Asset development (creating opportunities to build wealth)]

[Wage & wealth gaps]

[Housing]

[Tax and budget issues (tax credits, state priorities for spending)]

[Other (please specify)]



# **Appendix 3: References**

- <sup>i</sup> Kucklick, A. & Manzer, L. (2022). Overlooked and undercounted: Struggling to make ends meet in Indiana. *Indiana Community Action Poverty Institute*. https://iiwf.incap.org/reports
- Brady, D. (2019). Theories of the causes of poverty. Annual Review of Sociology, 45, 155-175.
- Thompson, M. N., & Dahling, J. J. (2019). Employment and poverty: Why work matters in understanding poverty. *American Psychologist*, 74(6), 673.
- iv Hahn, H. & Simms, M. (2021). Poverty results from structural barriers, not personal choices. Safety net programs should reflect that fact. *Urban Institute*. https://www.urban.org/urban-wire/poverty-results-structural-barriers-not-personal-choices-safety-net-programs-should-reflect-fact
- <sup>v</sup> Jojo, Z. (2018). Creating an environment for the restoration of dignity to disadvantaged mathematics foundation classrooms. *Environment and Social Psychology*, 3. https://esp.apacsci.com/index.php/esp/article/download/695/520 <sup>vi</sup> Aliprantis, D. & Carroll, D. R. (2019). What is behind the persistence of the racial wealth gap? *Federal Reserve Bank of Cleveland*. https://www.clevelandfed.org/en/publications/economic-commentary/2019/ec-201903-what-is-behind-the-persistence-of-the-racial-wealth-gap
- vii Macey, E. (2019). Wages, wealth, and poverty: Where Hoosier women stand and ways our state can close the gaps. *Indiana Community Action Poverty Institute*. https://iiwf.incap.org/wage-and-wealth-gaps
- viii Abrams, E. M., Greenhawt, M., Shaker, M., Pinto, A. D., Sinha, I., & Singer, A. (2022). The COVID-19 pandemic: Adverse effects on the social determinants of health in children and families. *Annals of Allergy, Asthma & Immunology*, 128(1), 19-25.
- <sup>ix</sup> Hanushek, E. A., & Woessmann, L. (2020). The economic impacts of learning losses. *Organisation for Economic Co-operation and Development.*
- https://www.edworkingpapers.com/sites/default/files/Hanushek%2BWoessmann%202020%20OECD%20Education%20Working%20Paper%20No.%20225.pdf
- \* United Nations (2023). Ending poverty. https://www.un.org/en/global-issues/ending-poverty.
- <sup>xi</sup> Blair, C. & Raver, C. C. (2018). Poverty, stress, and brain development: New directions for prevention and intervention. *Academic Pediatrics* 16(3). https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5765853/
- xii Tunstall, R., Bevan, M., Bradshaw, J., Croucher, K., Duffy, S., Hunter, C., & Wilcox, S. (2013). The links between housing and poverty: An evidence review. *York: Joseph Rowntree Foundation*.
- xiii Office of Disease Prevention and Health Promotion (2023). Quality of housing.
- https://health.gov/healthypeople/priority-areas/social-determinants-health/literature-summaries/quality-housing
- xiv U.S. Department of Energy, Office of Energy Efficiency and Renewables (2018). Weatherization
- works. https://www.energy.gov/sites/prod/files/2018/03/f49/WAP-fact-sheet\_final.pdf
- xv U.S. Department of Housing and Urban Development (2023). Fair market rents.
- https://www.huduser.gov/portal/datasets/fmr.html
- xvi Siddiqui, F., Salam, R. A., Lassi, Z. S., & Das, J. K. (2020). The intertwined relationship between malnutrition and poverty. *Frontiers in Public Health*, 8, 453.
- xvii Roustit, C., Hamelin, A. M., Grillo, F., Martin, J., & Chauvin, P. (2010). Food insecurity: Could school food supplementation help break cycles of intergenerational transmission of social inequalities?. *Pediatrics* 126(6), 1174-1181.
- xviii Ibid.
- xix Fuller, J. B., & Raman, M. (2022). Building from the bottom up. *Harvard Business School*. https://www.hbs.edu/managing-the-future-of
- work/Documents/research/Building%20From%20The%20Bottom%20Up.pdf
- xx Scott, J., Edwards, K., & Stanczyk, A. (2020). Moonlighting to the side hustle: The effect of working an extra job on household poverty for households with less formal education. *Families in Society*, *101*(3), 324-339.
- xxi Ridley, M., Rao, G., Schilbach, F., & Patel, V. (2020). Poverty, depression, and anxiety: Causal evidence and mechanisms. *Science*, *370*(6522).
- xxii Stanczyk, A. B. (2019). Does paid family leave improve household economic security following a birth? Evidence from California. *Social Service Review*, 93(2), 262-304.
- xxiii Indiana Community Action Poverty Institute (2022). Medical debt in Indiana. https://institute.incap.org/medical-debt xxiv Indiana Chamber of Commerce (2022). Annual workforce surveys. https://www.indianachamber.com/news-resources/studies-reports/education-workforce-development/
- xxv Comber-Wilen, V. (August 30, 2022). How is Indiana tackling rural transit? Program connects local communities with federal funding. https://news.wnin.org/2022-08-30/how-is-indiana-tackling-rural-transit-program-connects-local-communities-with-federal-funding https://news.wnin.org/2022-08-30/how-is-indiana-tackling-rural-transit-program-connects-local-communities-with-federal-funding
- xxvi Basu, R. & Ferreira, J. (2021). Sustainable mobility in auto-dominated metro Boston: Challenges and opportunities post-COVID-19. *Transport Policy* 103, 197-210. Doi:10.1016/j.tranpol.2021.01.006.
- xxvii Klein, N. & Basu, R. & Smart, M. (2023). Transitions into and out of car ownership among low-income households in the United States. *Journal of Planning Education and Research*. Doi:10.1177/0739456X231163755.



xxviii Bastiaanssen, J., Johnson, D., & Lucas, K. (2020). Does transport help people to gain employment? A systematic review and meta-analysis of the empirical evidence. *Transport Reviews*, *40*(5), 607-628. https://doi.org/10.1080/01441647.2020.1747569

xxix Dean, M., Raats, M. M., Grunert, K. G. & Lumbers, M. (2009). Factors influencing eating a varied diet in old age. *Public Health Nutrition* 12(12), 2421–2427.

xxx Gustat, J.,O'Malley, K., Luckett, B. G., and Johnson, C. C. (2015). Fresh produce consumption and the association between frequency of food shopping, car access, and distance to supermarkets. *Preventive Medicine Reports*, 47–52.

xxxvi National Community Action Partnership (2024). Community Action election resources. https://communityactionpartnership.com/outreach-and-awareness-campaigns/